



PREVALENCE OF MENTORING REPORT 2004



Background

The Mentoring Partnership of Minnesota is pleased to share with you a report summarizing data from the Prevalence of Mentoring Survey. The survey was administered at the end of 2005 and reflects data from the 2004 calendar year. Surveys were distributed via multiple methods that include email, fax, U.S. mail, and in some cases, interviews. A total of 317 mentoring organizations in the state were invited to complete the survey, with 103 organizations returning surveys for a response rate of 32%. While the response rate is slightly lower than that found in 2003 when a comparable survey¹ was last administered (85 of the 203 sent out, 42%), the total number of organizations represented has increased.

It is important to point out that in many cases the descriptive statistics reported are based on a sample of 152. This figure results from some mentoring organizations housing more than one mentoring program. Consequently, findings presented here are reported at the program level. In some instances throughout the survey respondents could check more than one response for a survey question and this is noted where necessary. Please recognize that percentages in these graphs will not sum to 100%.² Also noteworthy is how we defined program types. We intentionally made the distinction between mentoring that occurs in and out of the school setting (e.g., there are prevalence figures for both community-based group mentoring and school-based group mentoring).

Finally, it is necessary to consider some of the limitations of this survey. Because the results are based on a non-random sample of mentoring organizations, it is difficult to draw firm conclusions about the larger population of mentoring organizations in the state. This report provides a glimpse at a slice of this population and it is possible that perhaps certain segments of mentoring community are not represented. On the other hand, given the response rate, it is certainly safe to assume that the prevalence figures underrepresent the total number of mentees being served in Minnesota. You will also note that some comparisons have been made to the 2002 Prevalence survey results. Since identical samples were not used in both years (77% of the 2002 sample is represented in 2004 sample), these comparisons should be interpreted with caution. Despite these limitations, we believe that the results of this survey provide some important information about mentoring trends in the state that you can share with your stakeholders. These results may even help build support for your program and provide the rationale for a greater investment in mentoring.

¹ Survey based on 2002 calendar year data.

² An example can be found in Figure 3 (p. 4) where the percentage value for the 5 – 10 age range is 82% while the percentage of programs serving 15 - 18 year-olds is 63%. Here the same programs could be represented in either both or just one of the categories.

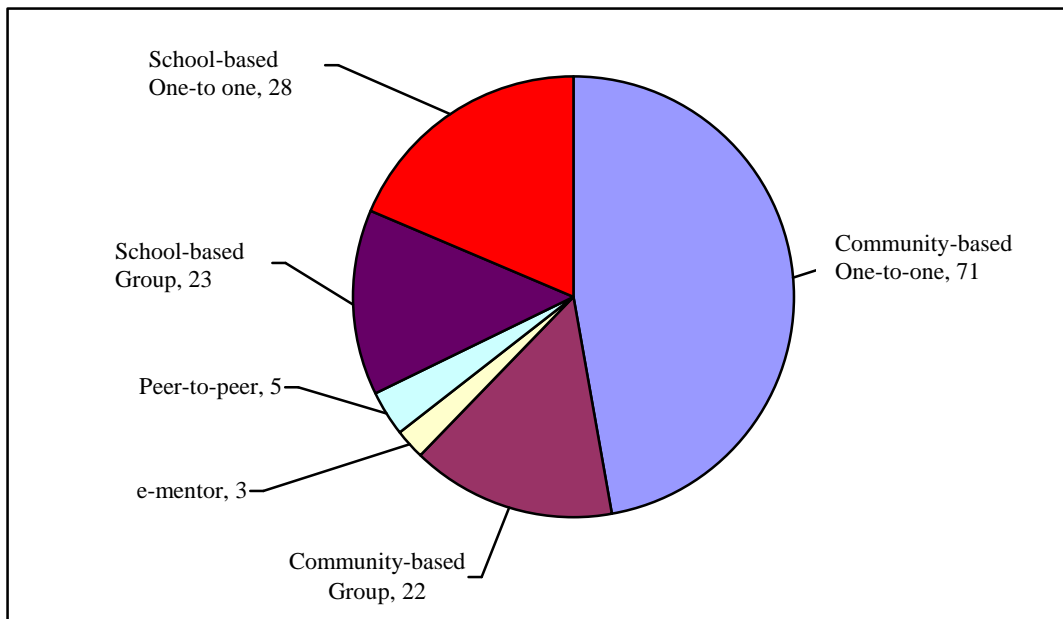


ORGANIZATION/PROGRAM REPRESENTATION

Key Findings

- 103 separate mentoring organizations were represented (see list on p. 11).
- 152 separate mentoring programs represented (multiple programs within some organizations).
- Of the 152 programs, community-based one-to-one is the largest type of mentoring program represented (47%), followed by school-based one-to-one, community-based group, school-based group, peer-to-peer, and e-mentor (Figure 1).

Figure 1. Number of Programs by Mentoring Type





PREVALENCE OF MENTORING

Key Findings

- For the 152 programs that responded to the survey, the total number of mentees served in 2004 was 170,477 (Table 1).
- The largest mentoring types represented were school-based group, community-based group, community-based one-to-one, and school-based one-to-one.
- Group type mentoring comprised the largest proportion of mentees in 2004 (92%), which is considerably greater than the 2002 figure of 73%.
- The largest mentoring program served 100,000 youth in 2004 while the smallest mentoring program served 2 youth. The largest median size by mentoring type was school-based group (143).

Table 1. Number of Mentees by Mentoring Type

Type	Count	% (of total)	# Programs	Mean	Median
School-based Group	109,549	64.26	23	4,763	143
Community-based Group	47,234	27.71	22	2,147	66.5
Community-based One-to-One	8,624	5.06	71	121.5	45
School-based One-to-One	4,468	2.62	28	159.6	68.5
Peer-to-Peer	398	.002	5	79.6	30
e-Mentor	204	.001	3	68	40
Total	170,477	~ 100 %	152		



PROGRAM INFORMATION

Key Findings

- 46% of the programs report mentoring relationships lasting more than two years (Figure 2).
- Mentoring programs served mentees spanning a wide spectrum of age groups. 11-14 years of age was the largest age group served, with 125 of the 152 the programs (82%), followed by 124 serving ages 5 – 10 (82%), 95 serving ages 15 – 18 (63%), and 15 serving mentors older than 18 (10%) (Figure 3). Comparable age groups in 2002 were 11 – 14 (91%), 5 – 10 (79%), 15 – 18 (74%), and older than 18 (15%).
- A slight majority of the programs, 77 (51%), reported that mentors and mentees primarily met out in the community. The figure for this category in 2002 was 63%. School setting was second most common meeting place with 46 (30%) programs (Figure 4), which is up from 18% in 2002.
- The most common referral source type was teacher, with 122 programs (80%) (Figure 5).

Figure 2. Typical Mentoring Relationship Length

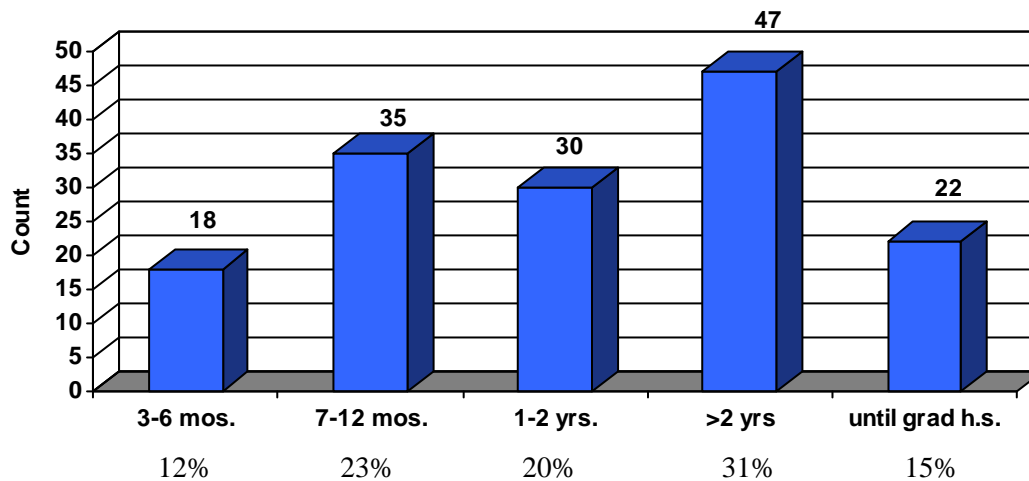
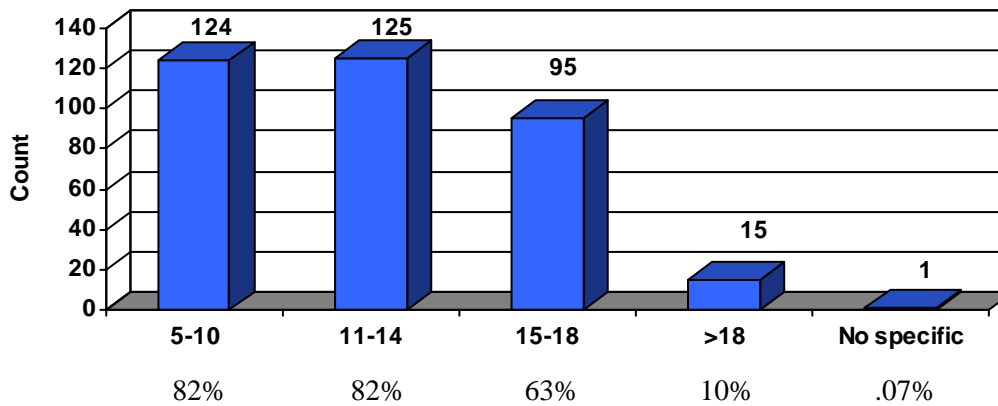


Figure 3. Age of Mentees Served



*Note: Programs can be represented in multiple categories. Counts do not add to 152 and percents do not add to 100%.

Figure 4. Primary Meeting Place of Mentoring Relationship

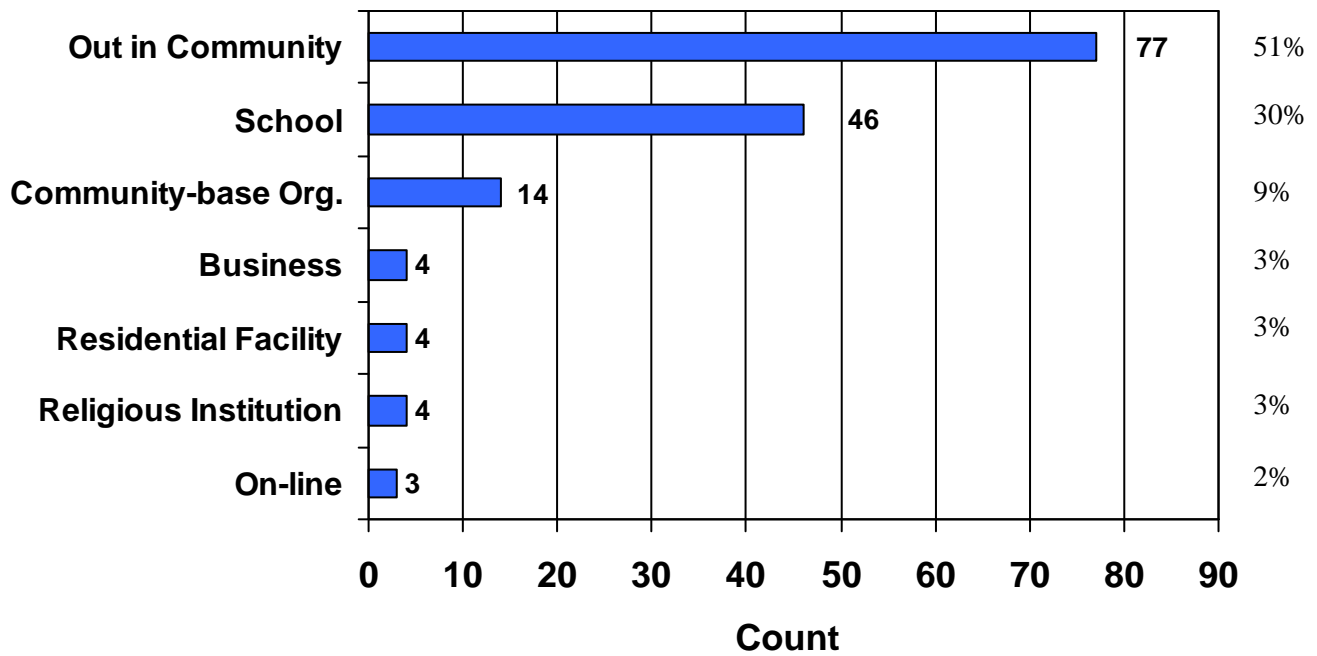
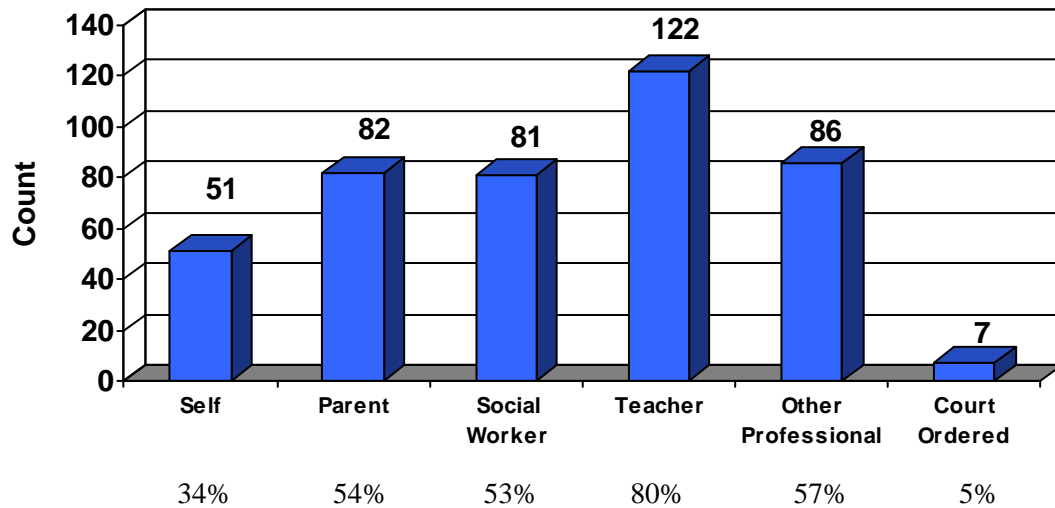


Figure 5. Referral Source



*Note: Programs can be represented in multiple categories. Counts do not add to 152 and percents do not add to 100%.

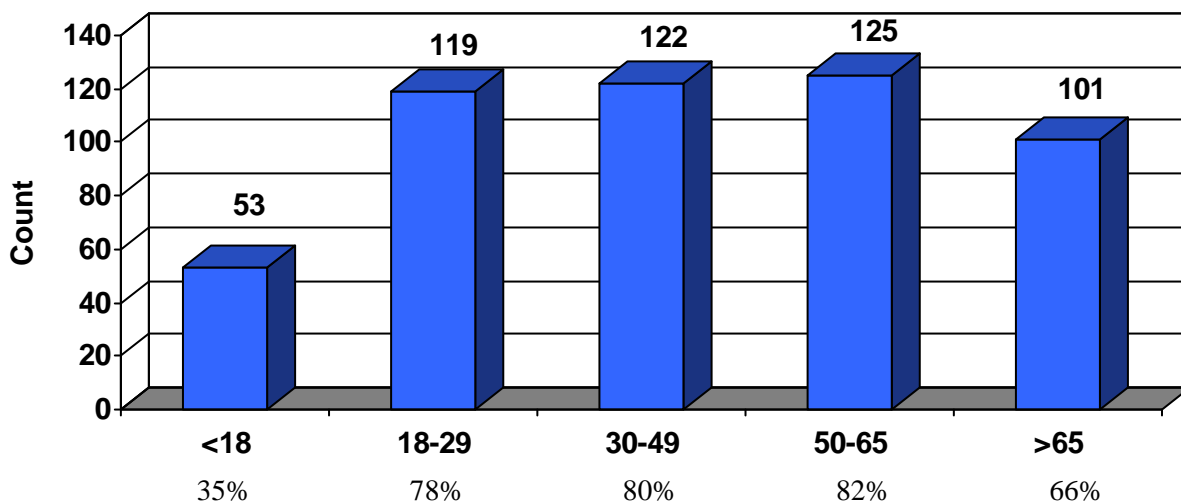


MENTORS

Key Findings

- Of the 152 mentoring programs represented, there were a total of 33,666 mentors in 2004.
- The most common age groups of mentors were 50 – 65 years (125 of the 152 programs, 82%), 30 – 49 years (122, 80%), and 18 – 29 years (119, 78%) (Figure 6).
- 95 (63%) programs required a time commitment of at least 10 months (Figure 7). This figure was 56% in 2002.
- 104 (68%) programs reported providing an application process that requires at least 2 hours of orientation training, while 141 (95%) programs said they provided on-going support to mentors (Figure 8). In 2002, training was 79% and on-going support was 98%.
- Of the 140 programs that responded to the item on types of background checks, 58 (41%) programs conducted at the least local background checks, whereas 92 (66%) conducted at least state background checks and 30 (21%) conducted at least federal background checks.³ Comparable figures in 2002 were: local (55%), state (92%), federal (18%). 17 of the 140 (12%) programs in 2004 conducted all three types of background checks: local, state, and federal (Figure 9).
- 59 (39%) of the 152 programs that responded to the survey said they conducted their own background checks, while 28 (18%) used an outside company and 31 (20%) conducted both their own AND used an outside company (Figure 10).
- 34 (22%) did not conduct background checks (Figure 10). This figure is greater than 2002 when 14% of the programs surveyed did not conduct background checks.

Figure 6. Age of Mentors



*Note: Programs can be represented in multiple categories. Counts do not add to 152 and percents do not add to 100%.

³ We collapsed across categories to obtain these figures.

Figure 7. Minimum Length Time Commitment of Mentors

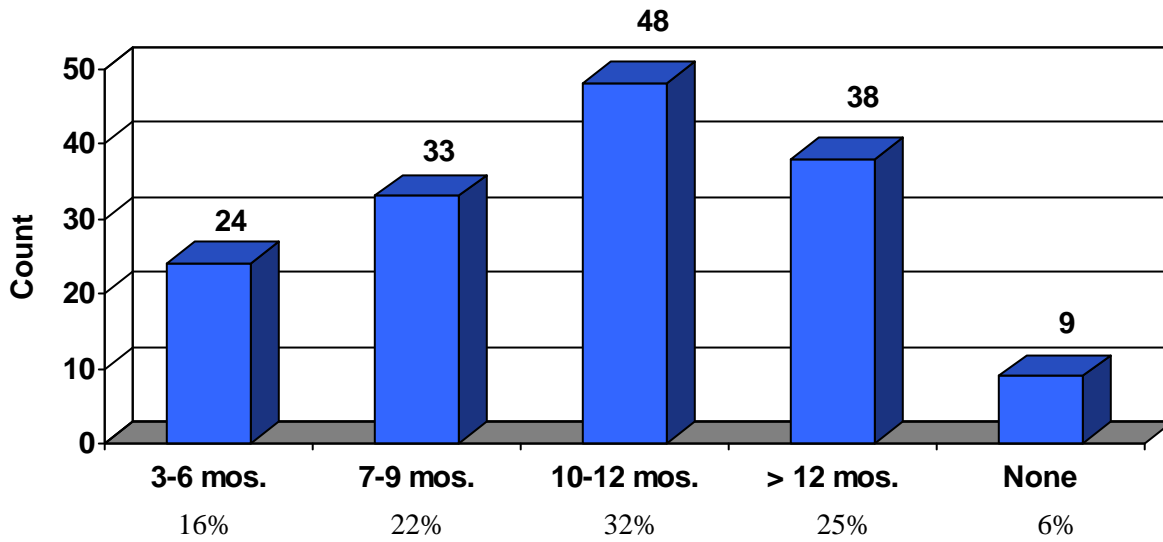
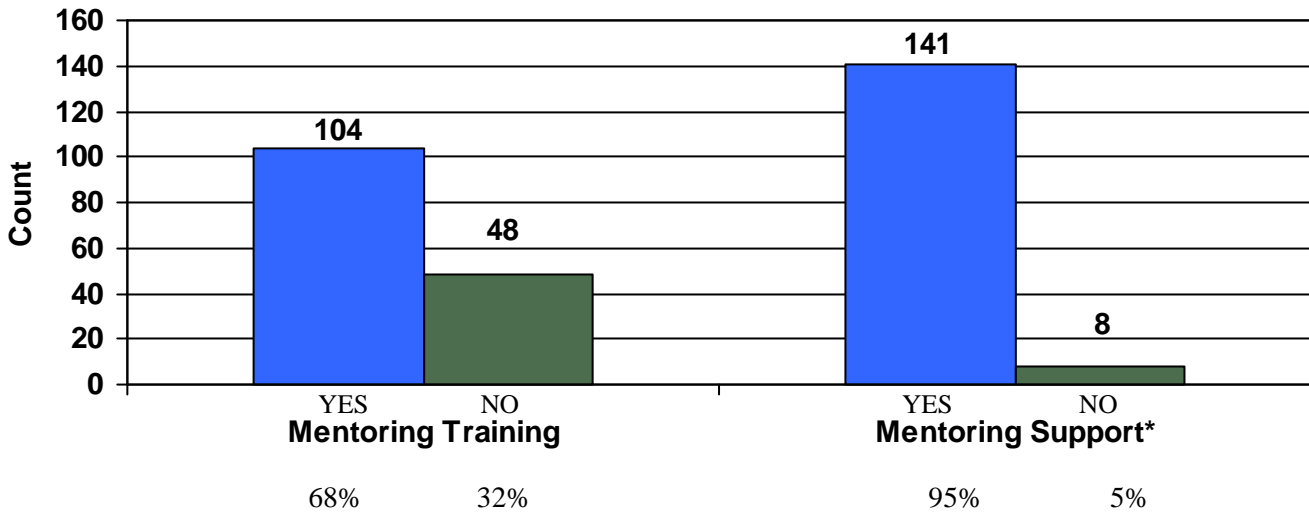
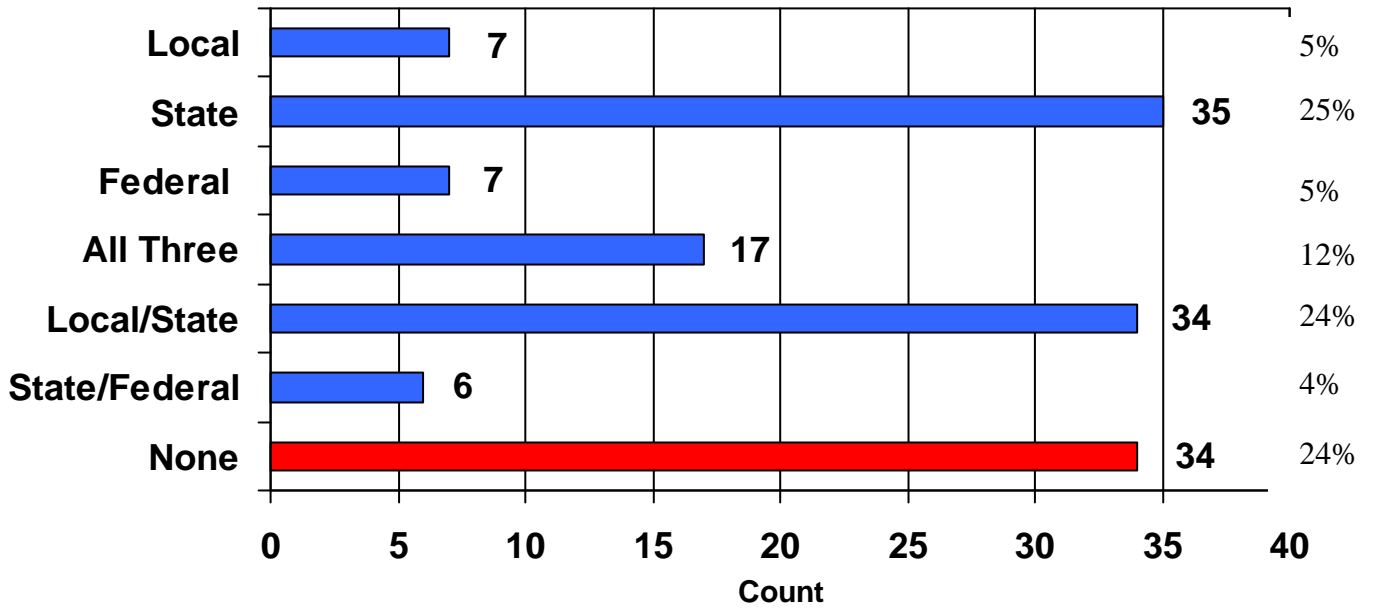


Figure 8. Offer Mentor Training and Mentor Support



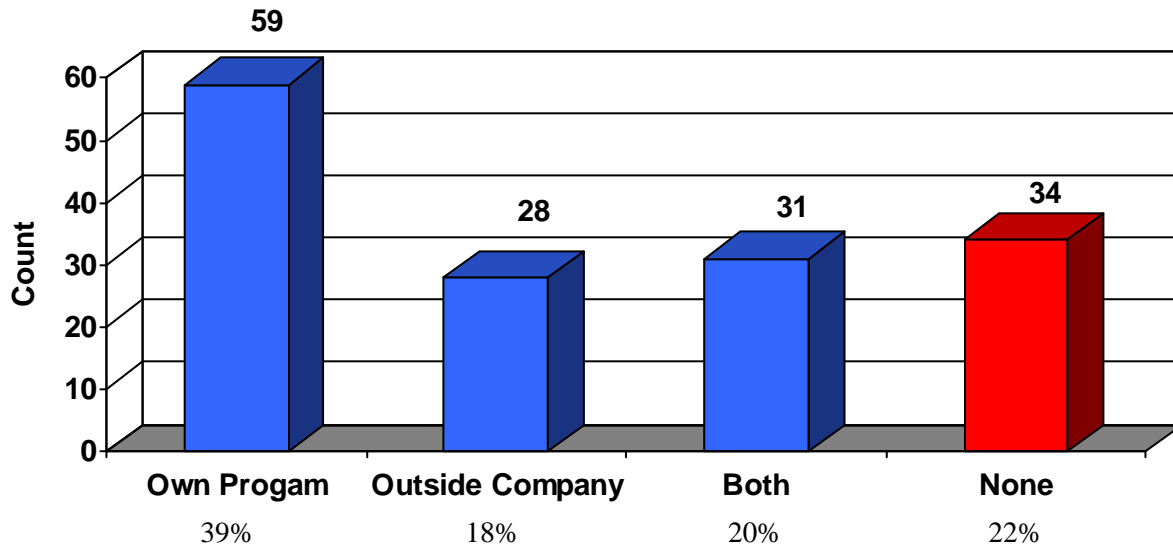
*Note: 3 programs not reporting on mentor support question. Total count = 149.

Figure 9. Background Check Types



*Note: 12 programs not reporting. Total count = 140.

Figure 10. Who Conducts Background Checks



*Note: The percentage for the “none” category in both Figure 9 and Figure 10 is not consistent due to 12 missing responses in the Background Check Types question (Figure 9). Since complete data were used in Figure 10, 22% is the more appropriate figure that represents the number of programs NOT conducting background checks on their mentors.



EVALUATION DATA

Key Findings

- 119 of the 152 (78%) programs conducted at least one outcome evaluation, with 61 (40%) of those programs reporting they conducted yearly outcome evaluations (Figure 11). This figure is slightly lower than the 88% of the programs in 2002 that conducted at least one outcome evaluation.
- The primary reasons for conducting an outcome evaluation were for internal use and improvement and funder requirement (Figure 12).
- The top two areas targeted by evaluations were mentees' social skills and positive outlook on future. The bottom two target areas were teen pregnancy and job skills (Figure 13).
- Of the 119 programs that conducted at least one evaluation, 63 (53%) examined 1 – 3 outcomes, 39 (33%) examined 4 – 6 outcomes, and another 17 (14%) examined 7 – 9 outcomes.

Figure 11. Frequency of Evaluation

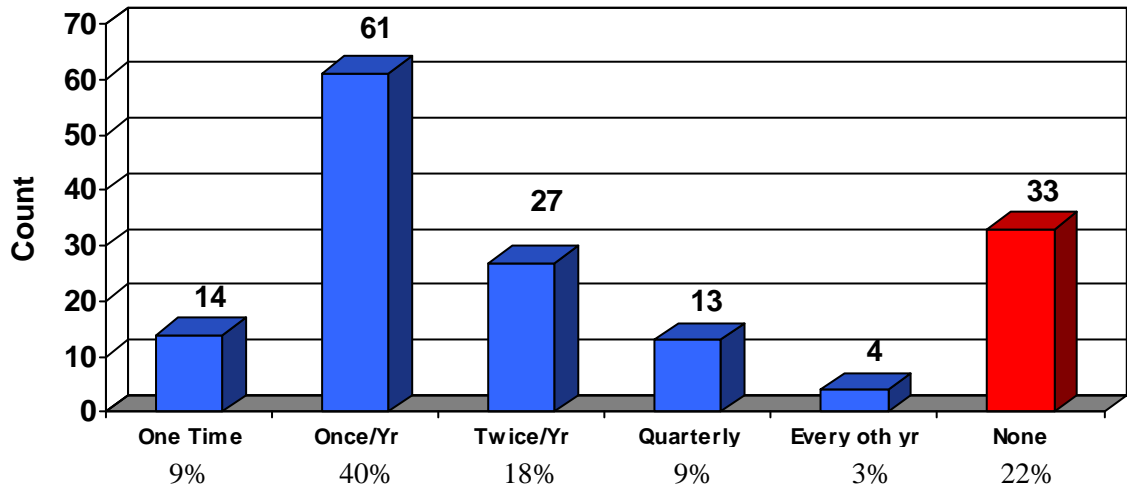


Figure 12. Reason for Conducting an Evaluation

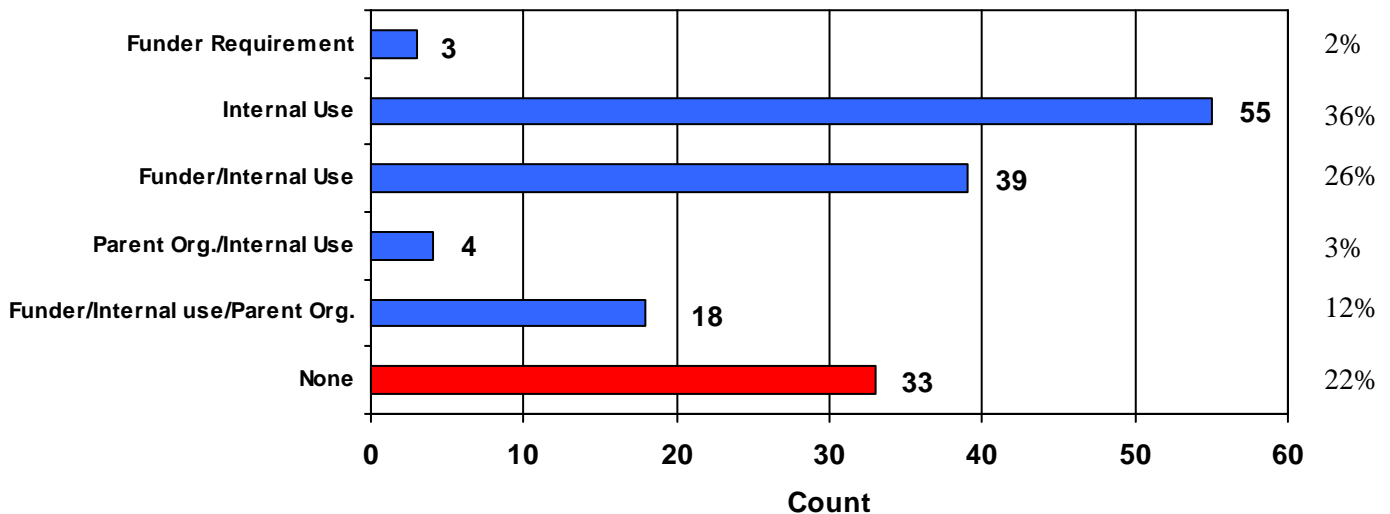
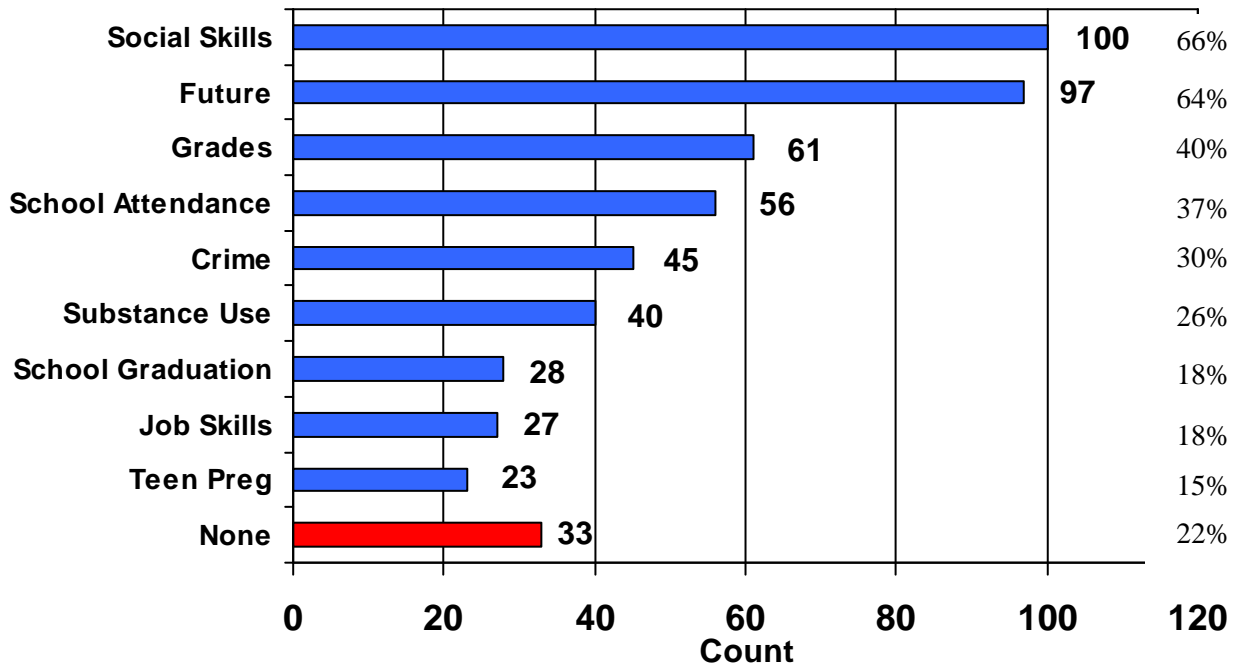


Figure 13. Type of Evaluation Outcomes



*Note: Programs can be represented in multiple categories. Counts do not add to 152 and percents do not add to 100%.



MENTORING ORGANIZATIONS PARTICIPATING IN THE PREVALENCE SURVEY

Athletes Committed to Educating Students (ACES)	Kinship of Perham Area
Arrowhead RSVP	Kinship of the Park Rapids Area
Bakken Museum	Kinship of Todd Wadena Counties
Bel Air Elementary School	Kinship Partners
Big Brothers Big Sisters of Central MN	Kinship Youth Mentoring of Princeton
Big Brothers Big Sisters of Greater Winona	Lend a Hand Mentor Program
Big Brothers Big Sisters of Southern Minnesota	Life Coaches for Kids
Big Brothers Big Sisters of the Greater Twin Cities	Little Brother Little Sister Program
Big Buddies of Western Community Action	Little Brother/Little Sister Program of Marshall County
Big Buddies Rock County	Longfellow United for Youth and Families
Blue Earth Area Mentors (BEAM)	Loring Nicollet Bethlehem Community Centers. Inc.
Bolder Options	Lutheran Social Service of Minnesota Foster Grandparents
Boy Scouts Northern Star Council Juvenile Diversion Program	Marshall High School - Peer Helpers
Bridges Kinship-Lunch Buddies Mentoring	Martin County Mentoring Network
Bright Beginnings of North Memorial	Men as Peacemakers
Building Blocks Tutorial	Mentor Connection
C.I.R.C.L.E. Mentoring Program	MentorWorks Too Kinship
Camp Fire USA Northern Star Council	Minnesota Inner City Outings
Carver County Mentorship Service	Minnesota Private College Fund
Central Minnesota Foster Grandparent Program	Moorhead Parks and Recreation
Children's Home Society & Family Services	Northern Cass Kinship
College of St. Catherine	North Star Elementary School
CommonBond Communities	Orono Mentoring and Outreach
Creatives for Causes	Page Education Foundation
District 206 Mentoring Programs	Plymouth Christian Youth Center
District 930 Carver-Scott Education Cooperative	Pro Kinship for Kids
East Metro Women's Council	Project for Pride in Living (PPL)
Ely Community Resource, Inc.	Richland Wilkin Kinship
Fairmont Area Kinship	Shakopee Public Schools
Family Means	St. Louis Park Schools-Volunteer Program
Family Pathways	St. Paul Central High School
Family, Career, Community Leaders of America (FCCLA)	St. Paul Schools Fresh Force
Free Arts Minnesota	Success Through Adults Reaching Students (STARS)
Friends in Service to Humanity (FISH) Kinship	Student Match
Girl Scout Council of Greater Minneapolis	The Children's Project
Girl Scout Council of St. Croix Valley	Tracy Area High School
Hennepin County Home School	Twin Cities Healthy Nations
Hennepin County Juvenile Probation	University YMCA
Hennepin County READY Program for Youth	Volunteers of America - Elders & Youth in Education
Hibbing Kinship	Volunteers of America - Experience Corps
Inroads/Minneapolis-St. Paul, Inc.	Volunteers of America - Telefriends Program
Jewish Community Center of St. Paul	Wallin Foundation - Scholar Program
Jewish Family and Children's Service	Winona County Restorative Justice Program
Junior Achievement (JA) of the Upper Midwest	WomenVenture
Kids 'n Kinship	Rochester Area Family YMCA Y Mentors
Kinship Connection	Worthington Area YMCA Y Pals Program
Kinship North	Mankato Family YMCA - Brother/Sister Program
Kinship of Aitkin County	YMCA Mentor Duluth
Kinship of Greater Minneapolis	YouthLink Mentorship Program
Kinship of Morrison County	YWCA St. Paul

*Three programs were not identified.