

Training Activity #1

ICEBREAKER—TRIVIA BINGO

(Recommended for fourth grade and above; trivia items can be edited for younger groups.)

Objective: To enhance the comfort level of the participants by having everyone in the room interact and meet at least a few other people before the training session continues

Materials: Trivia Bingo worksheets, pencils

Time: 15 minutes

Process:

- Give everyone in the room a Trivia Bingo worksheet.
- Let everyone find someone who fits one or more criteria in each of the boxes.
- Ask the people who fit the criteria to sign their name in the box.
- Allow eight minutes for the activity. See who gets the most signatures and give a prize to the winner. If you want, give a prize to the top two or three winners.

Summary discussion: Point out to the youth that they will all be participating in the program together and that they will all have something in common no matter how different they are in other ways. Try and foster a spirit of “togetherness” among the youth and use the icebreaker session to set a fun tone as you move into the rest of the training and activities.

Activity Worksheet:

TRIVIA BINGO

WAS BORN OUTSIDE THIS STATE	HAS HAD A BROKEN BONE	HAS FOUR OR MORE SIBLINGS	HAS A WEIRD PET	HAS TRAVELED OUTSIDE THE U.S.
FAVORITE COLOR IS PURPLE	SPEAKS ANOTHER LANGUAGE	HAS BEEN ON TELEVISION	WANTS TO BE A TEACHER	PLAYS AN INSTRUMENT
VOLUNTEERS	CAN JUGGLE	FREE SQUARE	HATES TO SHOP	CAN STAND ON THEIR HEAD
IS NAMED AFTER A PARENT	CAN TOUCH THEIR NOSE WITH THEIR TONGUE	CAN HULA HOOP	DOESN'T EAT MEAT	IS LEFT HANDED
WATCHES REALITY TV	HAS NEVER RIDDEN PUBLIC TRANSPORTATION	KNOWS THE WORDS TO THE BRADY BUNCH SONG	HAS BEEN RIVER RAFTING	EATS LIVER